

**Attachment 7 -- 2006 MS Swim Guide
Michigan Swimming, Inc.
13-14 & Open Short Course State Championship Meet Standards**

**Time Standards for 2006 MS 13-14 & Open Short Course State Championship Meet (Q1 Times)
Qualifying Period: March 11, 2005 to entry deadline**

Revised 24 Oct 2005

WOMEN			13-14 EVENT	MEN		
LCM	SCM	SCY		SCY	SCM	LCM
30.59	30.09	26.89	50 Freestyle	25.59*	28.59*	29.49*
1:05.79	1:04.69	57.89	100 Freestyle	55.59*	1:02.09*	1:03.99*
2:23.19*	2:21.49*	2:06.69*	200 Freestyle	2:02.99*	2:17.29*	2:20.59*
5:04.19	4:57.99	5:40.59	400/500 Freestyle	5:30.39	4:49.09	4:59.09
10:38.89*	10:25.99*	11:55.49*	800/1000 Freestyle	11:42.99*	10:15.09*	10:36.19*
20:20.59*	19:52.59*	19:56.09*	1500/1650 Freestyle	19:39.99*	19:36.49*	20:10.29*
1:16.69	1:15.69	1:07.79	100 Backstroke	1:04.99	1:12.59	1:14.79
2:45.59*	2:43.49*	2:26.49*	200 Backstroke	2:21.29*	2:37.69*	2:42.49*
1:27.09*	1:24.49*	1:15.69*	100 Breaststroke	1:14.19*	1:22.89*	1:25.79*
3:06.49	3:03.19	2:44.09	200 Breaststroke	2:44.49	3:03.59	3:10.19
1:14.89	1:14.39	1:06.59	100 Butterfly	1:04.79*	1:12.39*	1:13.29*
2:53.99*	2:52.79*	2:34.79*	200 Butterfly	2:35.99	2:54.19	2:57.29
2:44.99	2:42.09	2:25.19	200 IM	2:19.99	2:36.29	2:41.89
5:54.09*	5:49.69*	5:13.29*	400 IM	5:07.69	5:43.49	5:53.69
4:43.39	not offered	4:11.89	400 Free Relay	4:05.59*	not offered	4:44.49
10:30.39	not offered	9:16.09	800 Free Relay	8:55.69*	not offered	10:15.29
5:37.29	not offered	4:58.49	400 Medley Relay	4:55.29*	not offered	5:32.79

WOMEN			OPEN EVENT	MEN		
LCM	SCM	SCY		SCY	SCM	LCM
29.69	29.19	26.09	50 Freestyle	23.49	26.29	27.09
1:04.69	1:03.49	56.89	100 Freestyle	51.59*	57.59*	59.39*
2:19.29	2:17.49	2:03.19	200 Freestyle	1:52.89*	2:05.99*	2:09.09*
4:56.99*	4:50.99*	5:32.59*	400/500 Freestyle	5:06.99	4:28.59	4:37.89
10:24.99*	10:12.49*	11:39.99*	800/1000 Freestyle	11:04.29*	9:41.19*	10:01.19*
19:53.89*	19:26.49*	19:29.99*	1500/1650 Freestyle	18:39.69*	18:36.39*	19:08.49*
1:14.59	1:13.69	1:05.99	100 Backstroke	59.69*	1:06.69*	1:08.69*
2:40.89	2:38.99	2:22.39	200 Backstroke	2:10.69*	2:25.89*	2:30.29*
1:25.09	1:22.59	1:13.99	100 Breaststroke	1:07.89*	1:15.79*	1:18.49*
3:05.19	3:01.89	2:42.89	200 Breaststroke	2:33.49*	2:51.39*	2:57.49*
1:12.09*	1:11.59*	1:04.09*	100 Butterfly	57.39	1:04.09	1:04.89
2:48.19	2:47.09	2:29.69	200 Butterfly	2:17.59*	2:33.59*	2:36.39*
2:40.29	2:37.39	2:20.99	200 IM	2:07.69*	2:22.59*	2:27.69*
5:44.89	5:40.69	5:05.19	400 IM	4:45.39*	5:18.59*	5:28.09*
4:32.29	not offered	4:09.89	400 Freestyle Relay	3:53.79*	not offered	4:26.89*
10:00.89	not offered	9:02.79	800 Freestyle Relay	8:37.39*	not offered	9:46.49*
5:34.99	not offered	4:56.39	400 Medley Relay	4:39.09	not offered	5:20.79

Athletes who have swum a time equal to or faster than the time in any event listed here (in any Course) during the qualifying period are qualified to swim the event at this meet.

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* = standard revised this year

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