

**Attachment 5 -- 2006 MS Swim Guide  
Michigan Swimming, Inc.  
Junior Olympic Short Course Championship Meet Standards**

**Time Standards for 2006 Michigan Swimming Junior Olympic Meet  
(Q2 Times)**

Revised 24 Oct 2005

GIRLS		10 & UNDER EVENT	BOYS	
Slower than	Faster than or equal to		Faster than or equal to	Slower than
31.69*	34.19*	50 Freestyle	34.99	32.19*
1:10.99*	1:16.99*	100 Freestyle	1:19.49	1:11.99*
2:35.59	2:55.29	200 Freestyle	2:53.69	2:36.79
6:56.59*	8:07.79*	500 Freestyle	8:07.99	7:12.79
37.39*	40.99*	50 Backstroke	42.39	38.19*
1:21.79*	1:31.39*	100 Backstroke	1:33.99	1:22.79*
42.19*	45.79	50 Breaststroke	47.59	44.09
1:33.79*	1:43.69	100 Breaststroke	1:43.29	1:36.79*
36.79*	40.99*	50 Butterfly	43.49	37.99*
1:27.99*	1:40.99	100 Butterfly	1:39.59	1:32.99*
1:21.49*	1:28.09	100 IM	1:29.99	1:23.19*
2:57.49	3:21.59	200 IM	3:22.69	3:03.59*

GIRLS		11-12 EVENT	BOYS	
Slower than	Faster than or equal to		Faster than or equal to	Slower than
28.29*	29.39*	50 Freestyle	31.19*	28.79*
1:01.79*	1:05.99	100 Freestyle	1:09.69	1:02.69
2:14.89	2:29.99*	200 Freestyle	2:31.59	2:16.19*
6:01.09*	6:39.99*	500 Freestyle	6:39.19	6:07.99*
33.19*	35.29*	50 Backstroke	38.29	33.69
1:11.19*	1:17.49*	100 Backstroke	1:23.19	1:12.59*
2:33.79	2:52.99*	200 Backstroke	3:07.59	2:40.79*
36.59	39.69	50 Breaststroke	41.49	38.69
1:20.39	1:28.99*	100 Breaststroke	1:31.09	1:23.99*
2:53.89	3:11.09	200 Breaststroke	3:23.79	3:03.89*
31.59*	34.79*	50 Butterfly	36.59	32.39*
1:12.49*	1:24.29	100 Butterfly	1:25.69	1:15.79*
2:49.39*	3:10.59*	200 Butterfly	3:21.99*	2:51.89*
1:11.69*	1:16.49*	100 IM	1:20.29	1:13.99*
2:33.39	2:50.99*	200 IM	2:53.69	2:38.29*
5:37.39*	6:20.89	400 IM	6:27.89	5:52.29*

The Junior Olympic Meet is the next level of Championship Meet after the District Championship Meet. Those with times **equal to or faster than** the time standard listed above but **slower than the Q1** (State Championship Meet qualifying) time standard are eligible to swim that event at the JO Championship Meet. Swimmers who have met or surpassed the Q1 State Meet time standard in an event are **not** eligible to swim that event in the JOs. Once a swimmer has **met or surpassed** the Q1 time standard in an event, the swimmer is eligible for the State Championship Meet. The JO Meet has a 13-18 age group which differs from the State Championship Meet (which is 13-14 and Open).

\* = standard revised this year

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**(Q2 Times)**

WOMEN		13-18 EVENT	MEN	
Slower than	Faster than or equal to		Faster than or equal to	Slower than
13-14: 26.89	27.69*	50 Freestyle	27.09	13-14: 25.59*
15-18: 26.09	27.69*	50 Freestyle	27.09	15-18: 23.49
13-14: 57.89	1:00.49*	100 Freestyle	59.09	13-14: 55.59*
15-18: 56.89	1:00.49*	100 Freestyle	59.09	15-18: 51.59*
13-14: 2:06.69*	2:12.69*	200 Freestyle	2:09.09	13-14: 2:02.99*
15-18: 2:03.19	2:12.69*	200 Freestyle	2:09.09	15-18: 1:52.89*
13-14: 5:40.59	5:53.99*	500 Freestyle	5:54.99	13-14: 5:30.39
15-18: 5:32.59*	5:53.99*	500 Freestyle	5:54.99	15-18: 5:06.99
13-14: 19:56.09*	22:34.99	1650 Freestyle	21:19.99	13-14: 19:39.99*
15-18: 19:29.99*	22:34.99	1650 Freestyle	21:19.99	15-18: 18:39.69*
13-14: 1:07.79	1:10.99*	100 Backstroke	1:12.49	13-14: 1:04.99
15-18: 1:05.99	1:10.99*	100 Backstroke	1:12.49	15-18: 59.69*
13-14: 2:26.49*	2:36.59*	200 Backstroke	2:33.99	13-14: 2:21.29*
15-18: 2:22.39	2:36.59*	200 Backstroke	2:33.99	15-18: 2:10.69*
13-14: 1:15.69*	1:20.69*	100 Breaststroke	1:18.49	13-14: 1:14.19*
15-18: 1:13.99	1:20.69*	100 Breaststroke	1:18.49	15-18: 1:07.89*
13-14: 2:44.09	2:56.99	200 Breaststroke	2:52.49	13-14: 2:44.49
15-18: 2:42.89	2:56.99	200 Breaststroke	2:52.49	15-18: 2:33.49*
13-14: 1:06.59	1:11.99	100 Butterfly	1:08.99	13-14: 1:04.79*
15-18: 1:04.09*	1:11.99	100 Butterfly	1:08.99	15-18: 57.39
13-14: 2:34.79*	2:46.59*	200 Butterfly	2:39.99	13-14: 2:35.99
15-18: 2:29.69	2:46.59*	200 Butterfly	2:39.99	15-18: 2:17.59*
13-14: 2:25.19	2:30.99*	200 IM	2:29.99	13-14: 2:19.99
15-18: 2:20.99	2:30.99*	200 IM	2:29.99	15-18: 2:07.69*
13-14: 5:13.29*	5:36.99	400 IM	5:21.99	13-14: 5:07.69
15-18: 5:05.19	5:36.99	400 IM	5:21.99	15-18: 4:45.39*

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