

**Attachment 4 -- 2006 MS Swim Guide**  
**Michigan Swimming, Inc.**  
**District Short Course Championship Meet Standards**

**Time Standards for 2006 Michigan Swimming District Meets (Q3 Times)**

Revised 24 Oct 2005

<b>GIRLS</b> Slower than	<b>10 &amp; UNDER</b> EVENT	<b>BOYS</b> Slower than
34.19*	50 Freestyle	34.99
1:16.99*	100 Freestyle	1:19.49
2:55.29	200 Freestyle	2:53.69
8:07.79*	500 Freestyle	8:07.99
40.99*	50 Backstroke	42.39
1:31.39*	100 Backstroke	1:33.99
45.79	50 Breaststroke	47.59
1:43.69	100 Breaststroke	1:43.29
40.99*	50 Butterfly	43.49
1:40.99	100 Butterfly	1:39.59
1:28.09	100 IM	1:29.99
3:21.59	200 IM	3:22.69
<b>GIRLS</b> Slower than	<b>11-12</b> EVENT	<b>BOYS</b> Slower than
29.39*	50 Freestyle	31.19*
1:05.99	100 Freestyle	1:09.69
2:29.99*	200 Freestyle	2:31.59
6:39.99*	500 Freestyle	6:39.19
35.29*	50 Backstroke	38.29
1:17.49*	100 Backstroke	1:23.19
2:52.99*	200 Backstroke	3:07.59
39.69	50 Breaststroke	41.49
1:28.99*	100 Breaststroke	1:31.09
3:11.09	200 Breaststroke	3:23.79
34.79*	50 Butterfly	36.59
1:24.29	100 Butterfly	1:25.69
3:10.59*	200 Butterfly	3:21.99*
1:16.49*	100 IM	1:20.29
2:50.99*	200 IM	2:53.69
6:20.89	400 IM	6:27.89
<b>WOMEN</b> Slower than	<b>13-18</b> EVENT	<b>MEN</b> Slower than
27.69*	50 Freestyle	27.09
1:00.49*	100 Freestyle	59.09
2:12.69*	200 Freestyle	2:09.09
5:53.99*	500 Freestyle	5:54.99
22:34.99	1650 Freestyle	21:19.99
1:10.99*	100 Backstroke	1:12.49
2:36.59*	200 Backstroke	2:33.99
1:20.69*	100 Breaststroke	1:18.49
2:56.99	200 Breaststroke	2:52.49
1:11.99	100 Butterfly	1:08.99
2:46.59*	200 Butterfly	2:39.99
2:30.99*	200 IM	2:29.99
5:36.99	400 IM	5:21.99

\* = standard revised this year

The District Meet(s) are the beginning level of the MS Championship meets. Those with times **slower than** the JO (Q2) time standard are eligible to swim that event at a District Championship Meet. Once a swimmer has **met or surpassed** the time standard listed above the swimmer is eligible to swim at the next level championship meet.